

 Students shared stories about how they overcame hurdles

DPS, Sec 45, G'gram, holds Chrysalis 2020 - First Online Edition

Delhi Public School, Sector 45, Gurugram, organised Chrysalis 2020-First Online Edition on Zoom. a video communication platform. Ideated by school's director-principal Aditi Misra, Chrysalis aims to provide the young adults with a platform on which they can share stories of overcoming hurdles in their lives and help inspire others. The theme of the first edition of Chrysalis 2020 was - The steering wheel of your life is in your hands'. The event featured five courageous speakers from Grades 9-12. The diversity of talks ranged from finding opportunities amid challenges, body positivity and self love to growing from grief towards strength. Misra, in her address, urged the audience to unleash the power within them and to keep growing fearlessly. She appreciated all speakers for overcoming the hurdles in their lives and told the students how one is always stronger than the bullies, how memories are a source of power in life and that each one of us has the ability to make a change. The and team speakers made sure that they uphold, the motto #Locked-DownButNotKnocked Down.