## Chrysalis-I 2020: Online edition

elhi Public School, sec 45, Gurgaon organized Chrysalis 2020. Ideated by Aditi Misra, Chrysalis aims to provide the young adults with a platform where they can share their stories of overcoming hurdles in life and help inspire

others.

The theme of the First Edition of Chrysalis 2020 was "The steering wheel of your life is in your hands". The event featured 5 courageous speakers from class IX –XII. The diversity of talks ranged from - finding

opportunities amidst challenges, body positivity and self love to growing from



grief towards strength.

Aditi Misra, Director Principal in her address urged the audience to unleash the power within them and to keep growing fearlessly. She appreciated every speaker for overcoming the hurdles in their lives and told the students how one is always stronger than the bullies, how memories are a source of power in life and that each one of us has the ability to make a change. The team and speakers made sure they uphold the motto #LockedDownButNot-KnockedDown.