LOCKDOWN GAINS

'Uncertainty gave us opportunities galore to recognise our ability in digital domain too'

That moment stays quite vividly in my mind; Shoes polished, uniform all tidy and clean, and bags packed, A very joyous looking me was all decked up to spring into yet another year of the academic calendar, looking forward to the quotidian interaction with friends and teachers.

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Last year, the unprecedented lockdown pushed much of the country into chaos, inviting a massive exodus and revolutionising the social affinity among the people across the globe.

While Uncertainty loomed, it concomitantly unleased many opportunities and de rigueur for us to recognize our potential in the digital domain too.

On some days, the novelty of being connected online and the increased feasibility to surf websites often led to distraction during the classes. On other days, the extended hours of screen time was found to be taking a toll on my physical well-being and felicity, often resulting in strained, dry eyes and headaches. The feelings of missing out pitched in ad nauseam and dealing with emotional exhaustion was also a challenge in itself.

Though those times were turbulent and continue to remain so,

I have always tried to make myself extrapolate that even in the worst of times we still have things in our lives which we should be grateful for and remind ourselves that we can continually evolve and embrace the new normal with élan in a world where change is the only constant which doesn't permit the crucible of the pandemic to become a pretence for stifling dissent.



Even in the worst of times we still have things in our lives which we should be grateful of, writes Samar Jain, Class 10, DPS, Sec 45, Gurugram

