

Bully to Buddy Workshop on Saturday ,29th September'18

On Saturday the 29th of September 2018, an intensive and interactive workshop was conducted by resource persons from Fortis Hospital, Gurugram, for the Anti-Bullying class ambassadors from classes VI to XII. This workshop is part of the 'Bully to Buddy' Campaign - the prevention and intervention programme designed to make schools bully-free safe spaces.

The participating students received special training on how to lead the campaign through student engagement activities with their grade peers. Awareness was created through PPT's, role-plays, modelling, discussions, Q& A sessions which resulted in an in-depth understanding for students on the specific activities to be carried out with their fellow classmates. Students will be provided with brief presentations to facilitate these interactions.

The workshop was interactive and thoroughly enjoyed by all the participants.



“The workshop was a great learning experience that helped students understand the causes leading to bullying and the right way to intervene and help the victim. The harmful effects of bullying on one’s mental health was also emphasized, as well as the need to encourage the victim to talk to adults and others they could trust. Apart from being a great learning experience the workshop was incredible fun.”

-Student, Manjot Singh
XII-H

