

The True Leader Camp- Leadership Workshop Report

“When we strive to become better than we are, everything around us becomes better too”

-Paulo Coelho

Delhi Public School Gurgaon organized a leadership workshop- ‘The True Leader Camp’ on 10th and 11th March, 2019, in the school auditorium from 8:30 am to 1:30 pm. The workshop was conducted by Ms. Sonia Pallai and Mr. Rohit Kumar from Family Vision Foundation, a training and development organization. The workshop was attended by 37 students of class XII who were a part of the Student Council 2019-20.

The program provided insights on topics like true leadership, emotional intelligence, friendship and peer pressure, team power and integrity. On the first day, the students were explained the concepts of Emotional Quotient which included self- awareness, self-management, awareness of others and relationship management. The sessions were interactive and engaging interwoven with power point presentations, videos, survey questions, games and group activities. One of the very interesting aspects of the sessions was the concept of ‘Emptiers and Fillers’, which govern an individual’s personality. The discussions revolved around the qualities, attitudes and behaviour of a true leader in context with the problems currently faced by India.

The Principal, Ms. Aditi Misra, enthusiastically participated in the workshop thereby leading with example of a leader being a constant learner. The workshop received positive feedback from the students with some of the key takeaways as – importance of thinking about the well-being of the society than being self-centered; to display highest levels of integrity; and be part of the solution and not the problem.

The second day of the workshop began with a psychologically modelled game- ‘Win as much as you can’, which instilled within the students the value of team work, trust and importance of collective good. This was followed by the ‘Johari Mirror’ experiment wherein the students in pairs shared their qualities and areas for improvement. They were then grouped under different classifications i.e. arena, blind spot and facade. Through this activity the students learnt self-actualization and the imperativeness of delivering constructive criticism for a positive outcome.

The students were then introduced to the importance of the African greeting ‘Ubuntu’, meaning ‘I see you’, which focused on viewing individuals as valuable and dignified human beings rather than dehumanizing and objectifying them. This encouraged the student leaders to reflect upon their ways and the need of breaking the norm of stereotyping individuals. The ‘Sheet game’ was an entertaining activity to refresh the young leaders. The discussion on various paradigms in conflict and the importance of the Win-Win paradigm in a leader's world was a moment of revelation for all the students. The workshop came to an end with an engaging activity wherein, the students were paired with a peer they were only acquainted with. They were asked to inquire about each other’s interests and perceptions which resulted in acquaintance budding into friendships.

The purpose of the workshop was to enable students to master life skills like empathy and selflessness and to have a stable inner core. The students thoroughly enjoyed the intellectually engaging and inspiring sessions of the workshop which defined the paradigm- ‘With great power comes great responsibility’.

