

## ASSEMBLY REPORT: CLASS XII

**‘We lose focus when we are not aware about our priorities.’** Keeping up with the same thought, the students of class XII conducted a class assembly on 07 May 2021. The topic of the assembly was **‘Stay Focused’**.

The assembly commenced with the morning prayer which is believed to provide peace and serenity to the mind and soul. This was followed by a motivating thought on staying focussed till the goal is achieved. The students then shared a few tips for the same like, having a plan, eliminating distractions, taking one thing at a time and adjusting schedule. The importance of being focussed and what concentration brings in life, were the key points that were discussed. It was emphasized that focus is important as it is the gateway to thinking, perception, memory, learning, reasoning, problem solving and decision-making processes. It also dealt with the fact that without focus, all the abilities to think and analyse tend to suffer, and in the process, the effectiveness of the work done is hampered. The assembly ended on a positive note with a video presentation motivating the students to stay focussed and never give up.

