

‘Enhancing Communication Skills’ for classes VI and VII

Guest Speaker Program

As part of our ongoing initiative to equip students with essential life skills, a guest speaker session on ‘Enhancing Communication Skills’ was held on 19th July 2025. The session was led by Ms. Shikha Sekhri Sharma, a seasoned Business Communication and Soft Skills Trainer, who shared valuable insights on the power of body language and the importance of active listening in effective communication. The talk covered key aspects such as verbal and non-verbal communication, the role of facial expressions, gestures, posture, and tone of voice.

Ms. Sharma emphasised on how these elements collectively shape our communication. She also introduced the ‘Three A’s’ of active listening—Attention, Attitude, and Adjustment—encouraging students to become more mindful and empathetic communicators. It was an engaging and insightful session that left students with practical tips to enhance their communication abilities in all walks of life.

