

Report

Visit to Forest Spirit Learning



Date: July 19, 2025

Participants: 2 teachers and 24 middle school students (age 12-14)

Resource Person: Ms. Jyoti Raghavan

Objective: Nature walk to Forest spirit learning to experience a creative outdoor and explore the natural surroundings.

Activities:

Workshop on Sustainable Living

Students participated in an interactive session, focused on eco-friendly practices, soaking all the senses to experience and observe nature and later creatively illustrate it. This encouraged keen learning and creative engagement with a natural environment.

Farm Exploration

The students explored the farm, observing & interacting with flora & Fauna deepening their praise and understanding of biodiversity.

Creative Expression

Through activities such as observation drawing and nature-based explorations, students enhanced their artistic skills and discovered new ways to express and connect with the environment.



Student Reflection

- "I never knew that manure can be so easy and useful. I am going to try it at home now.
Humeria Khanna VII K
- "Drawing while sitting under a tree helped me notice small details that I usually miss. This made me feel calm and connected."
Bhavya Tokas VIII J
- "Touching the soil and looking closely at the plants, I realized how important nature is. I want to do more to save it."
Nandini Mazumdar VII A
- "The workshop gave me a new perspective on waste and water management, and made me realize the importance of being more responsible in our daily choices differently.
Soham Nandi VIII N

These reflections indicate that the experience left a permanent impression, which inspires the sense of thoughtful engagement and responsibility towards nature.

Conclusion

The visit to Forest Spirit Farm was a valuable and enriching experience for the students. It not only successfully promoted environmental awareness and creativity, but also aligned with the principles of holistic and experiential learning. The visit reinforced key Sustainable Development Goals, particularly SDG 11 – Sustainable Cities and Communities – by highlighting the importance of living in harmony with nature, and SDG 12 – Responsible Consumption and Production – by encouraging students to understand sustainable farming practices and make conscious choices. Such immersive experiences empower students to become environmentally responsible citizens.

Shan
28/07/25.

Anvi
28/07/25